

## BOOK REVIEW

### The Oxford Handbook of Women's Health Nursing

Sunanda Gupta, Debra Holloway, Ali Kubba.  
Oxford, UK: Oxford University Press, 2009.  
ISBN: 978-0-19-923962-7. Price: £22.95.  
Pages: 584 (paperback)

This volume is a welcome addition to the 'Oxford Handbook in Nursing' series. It starts with an overview of the different nursing roles within women's health in various settings, including the community, day surgery, hospital clinic and acute services. There is an interesting discussion

about advancing practice. Next, the chapter on 'The Basics' includes all the important, underpinning principles of good practice.

The following chapters cover all aspects of women's health nursing, from menarche to menopause and beyond, in a full range of settings including the patient in hospital and in emergency gynaecological units. Each chapter is well laid out, with clear headings, and is easy to read. The book aims to provide clear pathways of care, so each condition is systematically dealt with, going through definition and assessment, causes, investigations, and finally treatment/management.

There are many useful diagrams, charts and illustrations, as well a wide range of

symbols to provide additional information or alerts. There is a list of resources at the end of each section. Additionally, there is a comprehensive list of resources for professionals, and another for women, at the end of the book.

This book is a handy and accessible resource, providing valuable information and guidance for nurses, and others, when supporting women in making choices about their health.

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*J Fam Plann Reprod Health Care* 2011;**37**:88.  
doi:10.1136/jfprhc.2011.0048