Discussion Points for the Levonorgestrel-releasing Intrauterine System (LNG-IUS) in Contraception and Reproductive Health

The following discussion points have been developed by the FFPRHC Education Committee.

Discussion Points

1. Discuss the management of a woman who complains of bleeding problems with the LNG-IUS at (a) 2 weeks, (b) 6 months and (c) 4 years.

2. Discuss how you might explain to a patient the differences between the IUD and the LNG-IUS.

3. What information should be given to a woman who is considering having the LNG-IUS fitted?

Questions for the Levonorgestrel-releasing Intrauterine System (LNG-IUS) in Contraception and Reproductive Health

The following questions and answers have been developed by the FFPRHC Education Committee.

Indicate your answer by ticking the appropriate box for each question

1. The primary mode of action of the LNG-IUS is the inhibition of ovulation.

2. The contraceptive efficacy of the LNG-IUS is similar to that of modern IUDs.

3. Liver enzyme-inducing drugs have been shown to reduce the efficacy of the LNG-IUS.

4. The LNG-IUS reduces the user’s risk of PID.

5. Women using an LNG-IUS are at a significant increased risk of developing ovarian cysts compared to IUD users.

6. The LNG-IUS is effective on its own in the management of premenstrual syndrome.

7. The LNG-IUS can be used as a first-line option to treat menorrhagia.

8. The LNG-IUS can be inserted from 4 weeks postpartum.

9. The LNG-IUS has been found to cause significantly more hormonal side effects compared with the IUD.

10. The LNG-IUS can be used as an emergency contraceptive.

Answers

1. False
2. True
3. False
4. False
5. False
6. False
7. True
8. True
9. False
10. False