

- implant (Implanon) [in French]. *J Gynecol Obstet Biol Reprod* (Paris) 2004; **33**: 407–415.
- 70 World Health Organization. Multinational comparative clinical evaluation of two long-acting injectable contraceptive steroids: norethisterone oenanthate and medroxyprogesterone acetate. 2. Bleeding patterns and side effects. *Contraception* 1978; **17**: 395–406.
- 71 Salem HT, Salah M, Aly MY, Thabet AI, Shaaban MM, Fathalla MF. Acceptability of injectable contraceptives in Assiut, Egypt. *Contraception* 1988; **38**: 697–710.
- 72 Andersson K, Odland V, Rybo G. Levonorgestrel-releasing and copper-releasing (Nova T) IUDs during five years of use: a randomized comparative trial. *Contraception* 1994; **49**: 56–72.
- 73 Sivin I, Stern J. Health during prolonged use of levonorgestrel 20 micrograms/d and the copper TCu 380Ag intrauterine contraceptive devices: a multicenter study. International Committee for Contraception Research (ICCR). *Fertil Steril* 1994; **61**: 70–77.
- 74 Poulter NR, Chang CL, Farley TM, Meirik O. Risk of cardiovascular diseases associated with oral progestagen preparations with therapeutic indications. *Lancet* 1999; **354**: 1610.
- 75 Heinemann LA, Assmann A, DoMinh T, Garbe E. Oral progestogen-only contraceptives and cardiovascular risk: results from the Transnational Study on Oral Contraceptives and the Health of Young Women. *Eur J Contracept Reprod Health Care* 1999; **4**: 67–73.
- 76 Kelman L. The aura: a tertiary care study of 952 migraine patients. *Cephalalgia* 2004; **24**: 728–734.
- 77 Bigal ME, Liberman JN, Lipton RB. Age-dependent prevalence and clinical features of migraine. *Neurology* 2006; **67**: 246–251.
- 78 Eriksen MK, Thomsen LL, Andersen I, Nazim F, Olesen J. Clinical characteristics of 362 patients with familial migraine with aura. *Cephalalgia* 2004; **24**: 564–575.
- 79 Russell MB, Olesen J. A nosographic analysis of the migraine aura in a general population. *Brain* 1996; **119**(Pt 2): 355–361.
- 80 Airy H. On a distinct form of transient hemiopia. *Phil Trans Roy Soc* 1870; **160**: 247–264.
- 81 Blau JN. Migraine: theories of pathogenesis. *Lancet* 1992; **339**: 1202–1207.
- 82 Giffin NJ, Ruggiero L, Lipton RB, Silberstein SD, Tvedskov JF, Olesen J, et al. Premonitory symptoms in migraine: an electronic diary study. *Neurology* 2003; **60**: 935–940.
- 83 Lashley KS. Patterns of cerebral integration indicated by scotomas of migraine. *Arch Neurol Psych* 1941; **46**: 333.
- 84 Headache Classification Subcommittee of the International Headache Society (IHS). *The International Classification of Headache Disorders* (2nd edn). *Cephalalgia* 2004; **24**(Suppl. 1): 1–160.
- 85 Gervil M, Ulrich V, Olesen J, Russell M. Screening for migraine in the general population: validation of a simple questionnaire. *Cephalalgia* 1998; **18**: 342–348.
- 86 Bickerstaff ER. *Neurological Complications of Oral Contraceptives*. Oxford, UK: Oxford University Press, 1975.
- 87 Steiner TJ, Scher AI, Stewart WF, Kolodner K, Liberman J, Lipton RB. The prevalence and disability burden of adult migraine in England and their relationships to age, gender and ethnicity. *Cephalalgia* 2003; **23**: 519–527.
- 88 Loder EW, Buse DC, Golub JR. Headache as a side effect of combination estrogen-progestin oral contraceptives: a systematic review. *Am J Obstet Gynecol* 2005; **193**(Pt 1): 636–649.
- 89 Steiner TJ, MacGregor EA, Davies PTG. *Guidelines for All Healthcare Professionals in the Diagnosis and Management of Migraine, Tension-Type, Cluster and Medication-Overuse Headache* (3rd edn). 2007. <http://www.bash.org.uk> [Accessed 25 April 2007].
- 90 Brohult J, Forsberg O, Hellstrom R. A case of multiple arterial thromboses after oral contraceptives and ergotamine. *Acta Med Scand* 1967; **181**: 453–456.
- 91 MacGregor EA, Guillebaud J. Combined oral contraceptives, migraine and ischaemic stroke. Clinical and Scientific Committee of the Faculty of Family Planning and Reproductive Health Care and the Family Planning Association. *Br J Fam Plann* 1998; **24**: 55–60.
- 92 Edelman A, Gallo MF, Nichols MD, Jensen JT, Schulz KF, Grimes DA. Continuous versus cyclic use of combined oral contraceptives for contraception: systematic Cochrane review of randomized controlled trials. *Hum Reprod* 2006; **21**: 573–578.
- 93 Lipton RB, Dodick D, Sadovsky R, Kolodner K, Endicott J, Hettiarachchi J, et al.; ID Migraine validation study. A self-administered screener for migraine in primary care: the ID Migraine (TM) validation study. *Neurology* 2003; **61**: 375–382.
- 94 Collaborative Group for the Study of Stroke in Young Women. Oral contraceptives and stroke in young women. Associated risk factors. *JAMA* 1975; **231**: 718–722.
- 95 Lidegaard O. Oral contraception and risk of a cerebral thromboembolic attack: results of a case-control study. *BMJ* 1993; **306**: 956–963.
- 96 Lidegaard O. Oral contraceptives, pregnancy and the risk of cerebral thromboembolism: the influence of diabetes, hypertension, migraine and previous thrombotic disease. *Br J Obstet Gynecol* 1995; **102**: 153–159.
- 97 Kemmeren JM, Tanis BC, van den Bosch MA, Bollen EL, Helmerhorst FM, van der Graaf Y, et al. Risk of Arterial Thrombosis in Relation to Oral Contraceptives (RATIO) study: oral contraceptives and the risk of ischemic stroke. *Stroke* 2002; **33**: 1202–1208.
- 98 Poulter NR, Chang CL, Farley TM, Marmot MG, Meirik O. Effect on stroke of different progestagens in low oestrogen dose oral contraceptives. WHO Collaborative Study of Cardiovascular Disease and Steroid Hormone Contraception. *Lancet* 1999; **354**: 301–302.
- 99 World Health Organization Collaborative Study of Cardiovascular Disease and Steroid Hormone Contraception. Cardiovascular disease and use of oral and injectable progestogen-only contraceptives and combined injectable contraceptives. Results of an international, multicenter, case-control study. *Contraception* 1998; **57**: 315–324.

BOOK REVIEW

Integrated Contraceptive and Sexual Health Care: A Practical Guide. S Bekaert, A White. Oxford, UK: Radcliffe Publishing, 2006. ISBN: 1-85775-723-8. Price: £21.95. Pages: 226 (paperback)

This book has been written for nurses with the express purpose of serving the needs of integrated sexual health services and is divided into two sections: sexual health and contraception. It contains a comprehensive, if superficial, coverage of clinical guidelines for symptom management, examinations and treatment protocols and contraceptive methods. It is a book of lists, with much information laid out in bullet point format. It suffers from a dearth of background detail, and the reference list at the end of each chapter seems sparse in

some places for a book of this nature.

The book is inconsistent in its presentation of information. While it explains in clear language the rationale behind questions asked in both contraceptive and sexual health history taking, instructions for taking combined oral contraceptives are written out in sentence format with unnecessary reference to previous, now unused, pill guidelines. At times it reads like a nursing text from the 1960s with instructions on how to carry out a vulval toilet.

The book does not serve fully the needs of specialists or learners in either branch of sexual or contraceptive health. The chapter on 'Further Supporting Information' covers reproductive anatomy, the menstrual cycle and international pill equivalents, which is illustrative of the inconsistency of detail contained in the book

and makes it hard to judge who it is aimed at: the student nurse on placement, the post-registration student or the experienced practitioner.

The book has a task-oriented, procedural focus, making it potentially useful as a clinic handbook, and contains useful contraceptive information for nurses who come from a background of genitourinary medicine (GUM) and similar pointers for family planning nurses inexperienced in GUM. However, I would not recommend this book for nurses studying either family planning or GUM modules.

Reviewed by **Clodagh Ross**, BSc, RGN
Lecturer/Practitioner in Sexual Health, Lothian Family Planning and Well Woman Services and Napier University, Edinburgh, UK

Visit the Faculty Website at www.ffprhc.org.uk