

INTERVIEW SCHEDULE COMMUNITY MIDWIVES/ HOSPITAL MIDWIVES/ HOSPITAL DOCTORS

The aim of this focus group is to explore your thoughts and experience of discussing postnatal contraception with South Asian women and what would best support you in this. It's part of research to provide sensitive access to postnatal contraception advice and services to Lothian women of South Asian backgrounds (India, Pakistan and Bangladesh).

It stemmed from the APPLES project.

- Check whether all are familiar with APPLES and briefly explain if necessary.

The APPLES evaluation suggested differing views, and some uncertainty, among midwives and obstetricians about how to offer postnatal contraception to minority ethnic women. South Asian women form the largest minority ethnic group in Lothian but research suggests that their access to contraceptive services is poorer than average.

We will also be carrying out focus groups and semi-structured interviews with women in Lothian from Pakistani backgrounds later in the year to explore their thoughts and feelings around postnatal contraceptive counselling and how we can improve how we offer and provide this for them, if wanted.

The discussion will take approximately 1hr and will be entirely non-judgemental.

- We know from other work in Lothian and elsewhere that staff want to provide the best care for everyone but can be uncertain about how to approach certain groups or fear causing offence if they 'get it wrong'. We would rather hear honestly about any uncertainties you feel.
- We also know that your experience of discussing postnatal contraception with South Asian women is likely to be varied – for example depending on whether they are UK born or not as well as differences between individuals – and that there will be similarities and differences between your experiences with them and with other groups of minority ethnic and Scottish/UK women. We would like to tease these out with you.

We are recording the session so that we have a full and accurate record of the discussion. The recording will be transcribed. The transcripts will be anonymised and any potentially identifiable information in quotes used will be removed so they can't be attributed to you.

Give information sheet and consent form: Do you have any questions?

- 1 Please could you introduce yourselves (first name is fine) and [DOCTORS –how many years qualified are you and what is your current working base?] [HOSPITAL MIDWIVES – how many years qualified are you and what ward are you on?]

- 2 Could you tell me what your role is currently in relation to postnatal contraception, particularly following the APPLES project?
 - What do you find challenging and what do you find rewarding about this?

- 3 Could you tell us about your experiences of discussing contraception with minority ethnic women? (encourage respondents to speak in specifics rather than generalities).
 - How do you tend to approach the subject with women from these various backgrounds?
 - How have they responded? Any examples? South Asian women in particular?
 - We know from earlier discussions that family members can be present when discussing contraception. If this has been your experience, how do you respond to such situations?
 - Have you learnt anything about how for individual women contraception relates to Culture and religion, including gender of doctor.
 - What has your experience been of discussing contraception through an interpreter?

- 4 What support would you like in providing contraceptive advice for minority ethnic women and South Asian women in particular?
 - Any minority ethnic groups
 - Pakistani women