

**INTERVIEW SCHEDULE:  
PAKISTANI WOMEN AND POSTNATAL CONTRACEPTION INTERVIEWS**

**Introduction:**

Complete pro-forma.

**Background:**

NHS Lothian is working to improve access to contraceptive advice and supplies for pregnant women and help them to better plan future pregnancies, if they wish. It can be difficult to organise contraception after the birth of a baby so community midwives are now asking women during the antenatal period to think about what contraception they may want after the birth. This means that more women will be able to access their choice of contraception before they leave hospital with their baby.

The aim of inviting you to be interviewed today is to get your views on how you would like midwives and doctors to raise the topic of postnatal contraception and what advice and support do you want, or not. This will help us plan and deliver services in a sensitive way.

Do you have any questions? Take consent (read through with women as necessary)

Are you happy with me recording this interview? It is to ensure I have an accurate record of the discussion but it will be deleted after the study. I will make a detailed anonymised (translated if necessary) summary of the recording for the rest of research project group.

**Questions:**

What's important for you in discussing and accessing contraception (or not) after the birth of a child?

- *How do you feel about being asked about contraception? If they don't want contraception, how do they feel about being asked?*
- *Who do you discuss contraception with? E.g. family, husband, friends*
- *What influences your decision to take contraception?*
  - *Cultural and religious influences? Are there any and if so, what are these? E.g. boys, finance, family*
- *How do you think that the number of children women have might make a difference on the method of contraception they would choose? What do you think is an ideal family size?*

Have you used an interpreter during pregnancy and childbirth? If so, what is your experience of discussing contraception through an interpreter?

- *Does having an interpreter affect your choice?*
- *Were they a professional interpreter or husband/family/friend? Do you have a preference and why?*
- *Were you happy with the interpretation? Did you feel you answers and questions were communicated well? Did you get all the information you needed?*

Is there a particular contraception method you might be more likely to consider? Why?

- *Explore influence of family and friends/experiences and stories*
- *Cultural/religious reasons?*

Most contraceptive methods can be started on the day of childbirth, or shortly after. How would you feel about starting a method at this time?

- *If yes, why?*
- *If no, is this for cultural, social or personal reasons? Is it related to what their friends and family do?*

If women wish to have the coil they can now have this inserted either at elective caesarean or after vaginal birth. What are your thoughts on this?

- *Do they think this is a good time? Why/Why not? Again, are their thoughts based on personal, cultural or social reasons?*

How would you like to access information about postnatal contraception?

- *Access to written resources or links to websites? Do you prefer face to face information?*