Supplemental material

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BMJ Sex Reprod Health

Enrolment

Assessed for eligibility (n=178)

Excluded (n=54)
- Not meeting inclusion criteria (n=28)
- Declined to participate (n=22)
- Other reasons (n=4)

Allocation

Allocated to intervention (n=62)
- Received allocated intervention (n=62)

Allocated to intervention (n=62)
- Received allocated intervention (n=62)

Follow-Up

Lost to follow-up (n=0)
Discontinued intervention (n=0)

Lost to follow-up (n=0)
Discontinued intervention (n=0)

Analysis

Analysed (n=62)

Analysed (n=62)

Supplemental   figure   1   Consort   Flow   Diagram