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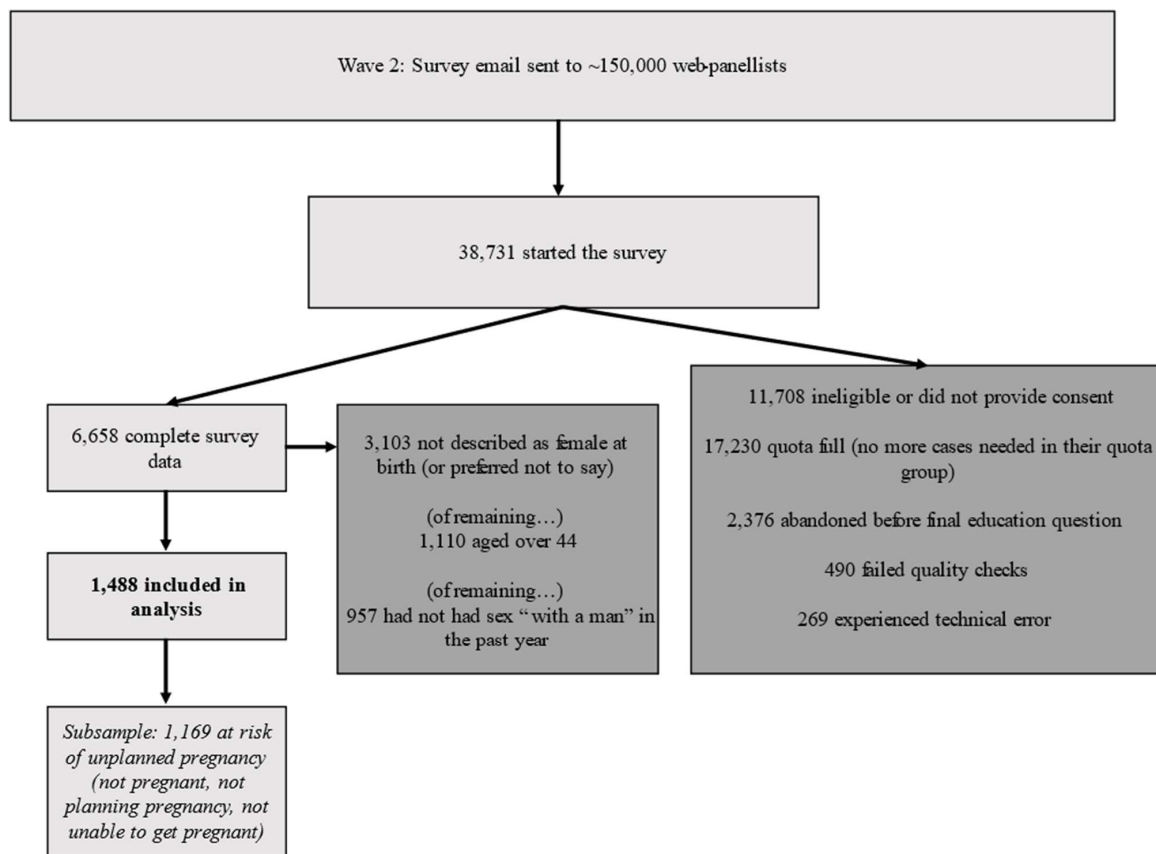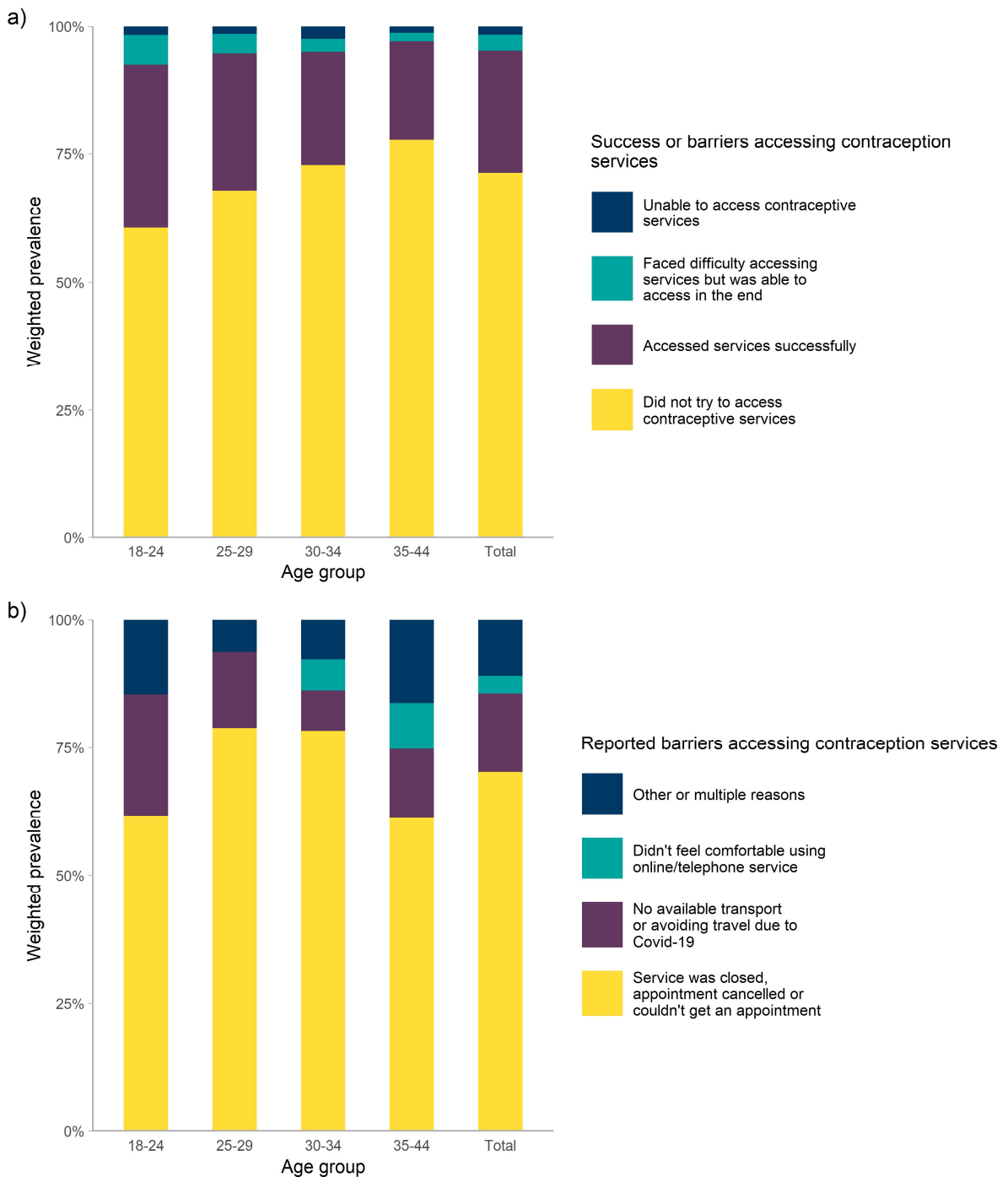
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Supplementary Material

Supplementary Figure S1: Participant flow diagram showing selection and inclusion in study

Adapted from Dema, et al., 2022: **Methodology of Natsal-COVID Wave 2: A large, quasi-representative, longitudinal survey measuring the impact of COVID-19 on sexual and reproductive health in Britain [version 1; peer review: awaiting peer review]** (https://wellcomeopenresearch.org/articles/7-166/v1), Figure 1

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Supplementary Figure S2: Accessing contraception services

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Supplementary Box 1 – Classifications of contraceptive types

Participants' responses to questions of contraceptives used were classified into 'more effective' and 'less effective' types by typical use failure rates below and above 10% respectively. Emergency methods were categorised separately.

More effective methods:

Intrauterine device (IUD)	Oral contraceptive pill
Intrauterine system (IUS)	Injection
Implant	Transdermal patch
Vaginal ring	

Less effective methods:

Condoms	Withdrawal
Spermicides	'Other' methods
Rhythm method	

Emergency methods:

Emergency contraceptive pills	Emergency IUD insertion

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Supplementary Table S1: Socio-demographic characteristics of sexually active participants aged 18-44 years, described as female at birth who reported sex with a man in the past year

Age group	18-24	25-29	30-34	35-44	All ages
Total					
Distribution across age categories (% (95% CI))	16.7 (15.3, 18.1)	25.3 (23.7, 27.1)	21.3 (19.7, 22.9)	36.7 (34.9, 38.6)	100.0%
Denominators (weighted, unweighted)	213, 265	324, 397	272, 320	470, 506	1279, 1488
Distributions within age categories	**% (95% CI)**	**% (95% CI)**	**% (95% CI)**	**% (95% CI)**	**% (95% CI)**
Ethnicity					
White	79.0 (72.9, 84.0)	86.0 (81.8, 89.4)	86.4 (81.8, 90.0)	90.8 (87.8, 93.1)	86.7% (84.7, 88.5)
Black or Black African or Black Caribbean or Black British	9.4 (6.1, 14.3)	5.4 (3.4, 8.5)	1.6 (0.6, 4.1)	0.8 (0.3, 2.2)	3.6% (2.7, 4.7)
Asian or Asian British	8.0 (5.0, 12.5)	4.2 (2.5, 7.1)	7.7 (5.1, 11.6)	6.0 (4.2, 8.6)	6.2% (5.0, 7.7)
Mixed or multiple or other ethnic groups	3.6 (1.8, 7.2)	4.4 (2.6, 7.2)	4.2 (2.4, 7.4)	2.4 (1.3, 4.2)	3.5% (2.6, 4.6)
Missing: n=10 (0.7%)					
Self-described sexual identity					
Heterosexual or Straight	92.4 (88.0, 95.3)	96.1 (93.3, 97.7)	97.7 (95.0, 98.9)	98.5 (96.9, 99.3)	96.7% (95.5, 97.5)
Lesbian, Gay, Bisexual or Other	7.6 (4.7, 12.0)	3.9 (2.3, 6.7)	2.3 (1.1, 5.0)	1.5 (0.7, 3.1)	3.3% (2.5, 4.5)
Missing: n=12 (0.8%)					
Social Grade					

Age group	18-24	25-29	30-34	35-44	All ages
A/B - Higher/intermediate managerial, administrative and professional	17.6 (13.0, 23.3)	29.8 (25.1, 35.0)	23.7 (19.0, 29.2)	19.6 (16.2, 23.4)	22.7% (20.5, 25.1)
C1/C2 - Supervisory, clerical and junior managerial, administrative and professional, skilled manual workers	39.3 (32.9, 46.0)	49.1 (43.7, 54.6)	50.3 (44.3, 56.2)	61.4 (56.9, 65.7)	52.3% (49.5, 55.0)
D/E - Semi-skilled and unskilled manual, casual, lowest grade and unemployed	43.1 (36.6, 49.9)	21.1 (16.9, 25.9)	26.0 (21.1, 31.6)	19.0 (15.7, 22.8)	25.0% (22.7, 27.4)
Missing: n=0 (0%)					
Education level					
Degree	28.3 (22.6, 34.7)	58.5 (53.1, 63.8)	59.0 (53.1, 64.7)	54.8 (50.2, 59.2)	52.2% (49.5, 55.0)
Below degree	65.1 (58.5, 71.3)	36.7 (31.6, 42.1)	37.2 (31.6, 43.1)	43.4 (39.0, 47.9)	44.0% (41.3, 46.8)
No qualifications	6.6 (3.9, 10.9)	4.7 (2.9, 7.7)	3.8 (2.1, 6.8)	1.8 (0.9, 3.5)	3.8% (2.8, 4.9)
Missing: n=0 (0%)					
Living together – relationship but not living together – Single					
Married/steady and living together	34.4 (28.3, 41.0)	71.0 (65.8, 75.7)	78.5 (73.2, 83.0)	82.2 (78.4, 85.4)	70.6% (68.0, 73.0)
Married/steady NOT living together	29.2 (23.5, 35.7)	11.7 (8.6, 15.7)	7.7 (5.1, 11.6)	7.3 (5.3, 10.0)	12.1% (10.4, 14.0)
Casual, new, >1, at end or other*	18.5 (13.8, 24.3)	7.7 (5.3, 11.2)	4.2 (2.4, 7.4)	3.8 (2.4, 6.0)	7.3% (6.0, 8.9)
Single	17.9 (13.3, 23.7)	9.5 (6.8, 13.3)	9.6 (6.6, 13.7)	6.7 (4.8, 9.4)	9.9% (8.4, 11.7)
Missing: n=1 (0.1%)					

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Age group	18-24	25-29	30-34	35-44	All ages
Been furloughed under the Coronavirus Job Retention Scheme					
No	82.8 (77.0, 87.3)	85.5 (81.2, 88.9)	81.0 (75.9, 85.3)	83.1 (79.4, 86.2)	83.2% (81.0, 85.2)
Yes	17.2 (12.7, 23.0)	14.5 (11.1, 18.8)	19.0 (14.7, 24.1)	16.9 (13.8, 20.6)	16.8% (14.8, 19.0)
Missing: n=12 (0.8%)					
Became unemployed					
No	86.2 (80.8, 90.3)	92.4 (89.0, 94.9)	91.9 (88.0, 94.6)	91.9 (89.0, 94.1)	91.1% (89.4, 92.5)
Yes	13.8 (9.7, 19.2)	7.6 (5.1, 11.0)	8.1 (5.4, 12.0)	8.1 (5.9, 11.0)	8.9% (7.5, 10.6)
Missing: n=12 (0.8%)					
Number of days drinking in past week					
0 days	38.0 (31.7, 44.7)	40.1 (34.9, 45.5)	46.0 (40.2, 52.0)	45.7 (41.2, 50.2)	43.0% (40.3, 45.8)
1-2 days	41.0 (34.6, 47.8)	40.9 (35.6, 46.4)	39.5 (33.9, 45.5)	35.3 (31.1, 39.7)	38.6% (35.9, 41.3)
3-4 days	17.3 (12.8, 23.0)	13.1 (9.8, 17.3)	9.5 (6.5, 13.7)	11.3 (8.7, 14.5)	12.4% (10.7, 14.3)
5-7 days	3.7 (1.8, 7.2)	5.9 (3.8, 9.1)	4.9 (2.9, 8.2)	7.8 (5.7, 10.6)	6.0% (4.8, 7.5)
Missing: n=2 (0.1%)					

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Age group	18-24	25-29	30-34	35-44	All ages
Drinking habits compared to pre Covid-19 outbreak					
Less these days	36.9 (30.6, 43.6)	30.9 (26.1, 36.2)	28.8 (23.7, 34.6)	25.8 (22.0, 30.0)	29.6% (27.1, 32.2)
About the same	40.7 (34.2, 47.4)	51.6 (46.1, 57.1)	57.2 (51.1, 63.0)	56.9 (52.4, 61.4)	52.9% (50.1, 55.6)
More these days	22.4 (17.3, 28.6)	17.5 (13.7, 22.0)	14.0 (10.3, 18.7)	17.3 (14.1, 21.0)	17.5% (15.5, 19.7)
Missing: n=19 (1.3%)					
Current smoker					
No	75.9 (69.7, 81.2)	73.4 (68.3, 77.9)	79.8 (74.6, 84.2)	82.3 (78.5, 85.5)	78.5% (76.1, 80.6)
Yes	24.1 (18.8, 30.3)	26.6 (22.1, 31.7)	20.2 (15.8, 25.4)	17.7 (14.5, 21.5)	21.5% (19.4, 23.9)
Missing: n=2 (0.1%)					
Symptoms of depression (PHQ2 score)					
No symptoms of depression (0-2)	47.8 (41.0, 54.6)	63.1 (57.6, 68.2)	67.2 (61.3, 72.5)	74.6 (70.4, 78.3)	65.7% (63.1, 68.3)
Symptoms of depression (3-6)	52.2 (45.4, 59.0)	36.9 (31.8, 42.4)	32.8 (27.5, 38.7)	25.4 (21.7, 29.6)	34.3% (31.7, 36.9)
Missing: n=15 (1.0%)					
Symptoms of anxiety (GAD2 score)					
No symptoms of anxiety (0-2)	46.4 (39.7, 53.3)	58.3 (52.8, 63.5)	63.7 (57.8, 69.2)	69.4 (65.0, 73.4)	61.6% (58.9, 64.2)

Age group	18-24	25-29	30-34	35-44	All ages
Symptoms of anxiety (3-6)	53.6 (46.7, 60.3)	41.7 (36.5, 47.2)	36.3 (30.8, 42.2)	30.6 (26.6, 35.0)	38.4% (35.8, 41.1)
Missing: n=8 (0.5%)					

* In a 'casual' relationship, in a 'new' relationship, in more than one relationship, recently ended a relationship or 'other' relationship status

Supplementary Table S2: Definitions of outcome variables

Outcome/Variable	Denominator	Definition
Usual contraception used in the year before lockdown	At risk of unplanned pregnancy (n=1,169)	Selected contraceptive method in response to "In the year before the start of the first lockdown (23 March 2020), which of the following did you or a partner use to prevent pregnancy?". Participants selecting more than one method were asked to specify their 'usual' method.
Usual contraception used in the year since lockdown started	At risk of unplanned pregnancy (n=1,169)	Selected contraceptive method in response to "Since the start of the first lockdown, which of the following did you or a partner use to prevent pregnancy?". Participants selecting more than one method were asked to specify their 'usual' method.
Switched contraceptives due to pandemic	At risk of unplanned pregnancy (n=1,169)	Reported "I [temporarily/permanently] changed to a different method to prevent pregnancy" in response to "Since the start of the first lockdown, have any of these things happened because of the pandemic?"

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Accessed services successfully	Tried to access a contraceptive service at least once (n=441)	Reported "Services Accessed during lockdown: Contraception services/advice" and did **not** report "Services tried but failed to access: Contraception services/advice"
Faced difficulty accessing services but was able to access in the end	Tried to access a contraceptive service at least once (n=441)	Reported "Services tried but failed to access: Contraception services/advice" and either "I accessed it eventually" or "I used a different service" to question "what happened in the end?"
Unable to access contraceptive services	Tried to access a contraceptive service at least once (n=441)	Reported "Services tried but failed to access: Contraception services/advice" and did **not** report "I accessed it eventually" or "I used a different service" to question "what happened in the end?"
Successful use of contraceptive services (odds ratio)	All participants (n=1,488)	Reported "Services Accessed during lockdown: Contraception services/advice"
Barriers accessing contraceptive services (odds ratio)	All participants (n=1,488)	Reported "Services tried but failed to access: Contraception services/advice"
Pregnancy in past year	All participants (n=1,488)	Reported "Yes" to "Are you currently pregnant?" or "In the last year" to "When was most recent pregnancy, even if didn't carry the baby to term?"
London Measure of Unplanned Pregnancy (LMUP) score	Participants with a pregnancy in last 5 years	Questions and scoring detailed at https://measure.ascody.co.uk/
Unplanned pregnancy in past year	All participants with a pregnancy in past year (n=199)	Reported pregnant in past year and LMUP score <4

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Supplementary Table S3: Service access outcomes – results amongst participants who tried to access contraceptive services (n=441)

Outcome of attempts to access contraceptive services (% (95% CI))

	Accessed services successfully	Faced difficulty accessing services but was able to access in the end	Unable to access contraceptive services	Denominators (weighted, unweighted)
Total	83.6 (79.5, 87.1)	10.7 (7.9, 14.3)	5.7 (3.7, 8.6)	364, 441
Age				
18-24	80.8 (70.6, 88.0)	14.9 (8.7, 24.6)	4.3 (1.5, 11.7)	82, 104
25-29	83.7 (75.2, 89.7)	11.7 (6.7, 19.5)	4.6 (1.9, 10.9)	104, 136
30-34	81.8 (71.1, 89.1)	9.2 (4.4, 18.5)	9.0 (4.2, 18.2)	74, 89
35-44	87.1 (79.1, 92.3)	7.3 (3.6, 14.2)	5.6 (2.5, 12.2)	104, 112
P-value				p=0.51
Ethnicity				
White	83.7 (79.1, 87.4)	10.3 (7.4, 14.3)	6.0 (3.8, 9.3)	306, 380
Black or Black African or Black Caribbean or Black British	93.4 (66.4, 99.0)	6.6 (1.0, 33.6)		18, 15
Asian or Asian British	73.4 (48.8, 88.9)	21.1 (7.8, 45.8)	5.5 (0.7, 31.4)	20, 20
Mixed or multiple or other ethnic groups	84.5 (57.4, 95.7)	8.4 (1.4, 36.2)	7.1 (1.1, 35.4)	17, 24
P-value				p=0.64
Self-described sexual identity				
Heterosexual or Straight	84.5 (80.3, 88.0)	9.8 (7.1, 13.4)	5.7 (3.7, 8.7)	346, 383

Outcome of attempts to access contraceptive services (% (95% CI))

	Accessed services successfully	Faced difficulty accessing services but was able to access in the end	Unable to access contraceptive services	Denominators (weighted, unweighted)
Lesbian, Gay, Bisexual or Other	70.3 (42.8, 88.3)	22.5 (7.6, 50.7)	7.1 (1.0, 37.4)	16, 56
P-value				p=0.047
Social Grade				
A Upper middle class/ B Middle class	83.8 (74.5, 90.2)	13.3 (7.6, 22.2)	2.9 (0.8, 9.5)	89, 117
C1 Lower middle class/C2 Skilled working class	85.1 (79.1, 89.5)	8.7 (5.4, 13.7)	6.3 (3.5, 10.8)	187, 211
D Working class/ E Lower level of subsistence	80.4 (70.7, 87.5)	12.2 (6.8, 21.0)	7.3 (3.4, 15.1)	88, 113
P-value				p=0.44
Education level				
Degree	85.5 (79.7, 89.8)	10.7 (7.1, 16.0)	3.8 (1.8, 7.6)	193, 234
Below degree	83.1 (76.4, 88.2)	9.3 (5.7, 15.0)	7.6 (4.4, 13.0)	159, 192
No qualifications	60.8 (29.4, 85.2)	27.6 (8.3, 61.5)	11.6 (1.7, 49.3)	12, 15
P-value				p=0.13
Living together - relationship but not living together - Single				
Single	87.8 (75.2, 94.4)	6.5 (2.1, 17.9)	5.8 (1.8, 17.1)	50, 61
Casual, new, >1, at end or other	89.1 (70.7, 96.5)	6.9 (1.6, 25.0)	4.0 (0.6, 22.5)	29, 36
Married/steady NOT living together	82.9 (70.0, 90.9)	11.5 (5.2, 23.5)	5.7 (1.8, 16.5)	53, 67
Married/steady and living together	82.2 (76.7, 86.7)	11.9 (8.3, 16.7)	5.9 (3.5, 9.8)	231, 277
P-value				p=0.88

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Outcome of attempts to access contraceptive services (% (95% CI))

	Accessed services successfully	Faced difficulty accessing services but was able to access in the end	Unable to access contraceptive services	Denominators (weighted, unweighted)
Been furloughed under the Coronavirus Job Retention Scheme				
No	83.6 (79.1, 87.4)	10.5 (7.5, 14.5)	5.9 (3.7, 9.1)	308, 373
Yes	85.2 (72.7, 92.5)	9.9 (4.2, 21.5)	5.0 (1.5, 15.6)	54, 65
P-value				p=0.95
Became unemployed				
No	83.5 (79.0, 87.2)	10.5 (7.6, 14.4)	6.0 (3.9, 9.2)	322, 390
Yes	87.1 (72.2, 94.6)	9.4 (3.4, 23.6)	3.6 (0.7, 17.1)	40, 48
P-value				p=0.79
Number of days drinking				
0 days	82.2 (74.8, 87.7)	11.2 (6.9, 17.7)	6.6 (3.5, 12.2)	140, 166
1-2 days	84.0 (76.8, 89.3)	9.0 (5.2, 15.1)	7.0 (3.8, 12.8)	136, 165
3-4 days	84.2 (72.7, 91.4)	13.0 (6.6, 24.1)	2.8 (0.6, 11.7)	62, 76
5-7 days	88.4 (68.0, 96.5)	10.7 (3.1, 31.1)	0.9 (0.0, 41.4)	25, 34
P-value				p=0.61
Drinking habits compared to pre Covid-19 outbreak				
Less these days	88.8 (81.3, 93.5)	6.4 (3.0, 12.9)	4.8 (2.1, 11.0)	109, 136
About the same	82.3 (75.7, 87.5)	12.5 (8.2, 18.5)	5.2 (2.7, 9.9)	163, 198
More these days	80.5 (70.9, 87.5)	11.7 (6.5, 20.3)	7.7 (3.7, 15.5)	90, 105

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Outcome of attempts to access contraceptive services (% (95% CI))

	Accessed services successfully	Faced difficulty accessing services but was able to access in the end	Unable to access contraceptive services	Denominators (weighted, unweighted)
P-value				p=0.39
Current smoker				
No	87.5 (83.0, 91.0)	8.3 (5.5, 12.3)	4.2 (2.3, 7.4)	269, 327
Yes	72.4 (62.5, 80.6)	17.4 (11.0, 26.6)	10.1 (5.4, 18.2)	94, 113
P-value				p=0.0026
Symptoms of depression (PHQ2 score)				
No symptoms of depression (0-2)	85.6 (80.2, 89.7)	9.3 (6.1, 14.1)	5.1 (2.8, 9.0)	212, 259
Symptoms of depression (3-6)	80.5 (73.2, 86.2)	12.6 (8.1, 19.2)	6.9 (3.7, 12.4)	145, 174
P-value				p=0.43
Symptoms of anxiety (GAD2 score)				
No symptoms of anxiety (0-2)	87.1 (81.7, 91.1)	8.2 (5.1, 12.9)	4.6 (2.4, 8.6)	202, 235
Symptoms of anxiety (3-6)	78.9 (71.8, 84.6)	13.9 (9.3, 20.3)	7.2 (4.0, 12.4)	159, 203
P-value				p=0.11

Supplementary Table S4: Stopping or switching contraception because of the pandemic – all participants at risk of unplanned pregnancy who used contraception before Covid

Stopped or switched contraceptive methods (% (95% CI))

	Stopped using contraceptives	Switched more > less effective	Switched - less > less effective	Switched - more > more effective	Switched less > more effective	Did not switch or stop usual method	Denominators (weighted, unweighted)
Total	3.6 (2.5, 5.1)	2.1 (1.3, 3.3)	4.1 (3.0, 5.8)	6.6 (5.0, 8.5)	0.7 (0.3, 1.6)	82.9 (80.2, 85.4)	811, 957
Age							
18-24	2.6 (0.9, 7.0)	4.1 (1.8, 9.0)	10.7 (6.5, 16.9)	8.5 (4.9, 14.4)	1.4 (0.4, 5.5)	72.7 (64.7, 79.4)	143, 182
25-29	5.1 (2.8, 9.1)	2.7 (1.2, 6.1)	2.1 (0.8, 5.3)	6.4 (3.8, 10.6)	0.4 (0.1, 3.4)	83.2 (77.5, 87.7)	209, 261
30-34	3.5 (1.6, 7.5)	1.8 (0.6, 5.4)	3.4 (1.5, 7.3)	7.9 (4.7, 12.9)	1.0 (0.2, 4.3)	82.4 (76.1, 87.4)	176, 210
35-44	3.0 (1.5, 5.8)	0.7 (0.2, 2.8)	2.8 (1.4, 5.6)	4.9 (2.9, 8.1)	0.5 (0.1, 2.6)	88.2 (83.8, 91.5)	283, 304
P-value						p=0.0020	
Ethnicity							
White	3.5 (2.4, 5.2)	1.9 (1.1, 3.3)	3.1 (2.0, 4.7)	6.1 (4.6, 8.1)	0.8 (0.4, 1.9)	84.5 (81.6, 87.0)	707, 857
Black or Black African or Black Caribbean or Black British	10.0 (2.8, 30.1)		16.7 (6.3, 37.4)	13.1 (4.3, 33.5)		60.2 (39.7, 77.6)	26, 20
Asian or Asian British	2.5 (0.4, 15.4)	3.4 (0.6, 16.0)	6.3 (1.9, 19.1)	5.3 (1.4, 18.0)		82.6 (67.9, 91.4)	43, 39

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Stopped or switched contraceptive methods (% (95% CI))

	Stopped using contraceptives	Switched more > less effective	Switched - less > less effective	Switched - more > more effective	Switched less > more effective	Did not switch or stop usual method	Denominators (weighted, unweighted)
Mixed or multiple or other ethnic groups	1.3 (0.0, 25.2)	5.0 (1.0, 21.9)	15.4 (6.2, 33.4)	8.8 (2.6, 26.0)		69.6 (50.8, 83.5)	31, 39
P-value							p=0.0073
Self-described sexual identity							
Heterosexual or Straight	3.5 (2.4, 5.1)	2.0 (1.2, 3.3)	4.0 (2.9, 5.7)	6.3 (4.8, 8.2)	0.7 (0.3, 1.7)	83.4 (80.6, 85.9)	771, 844
Lesbian, Gay, Bisexual or Other	5.9 (1.2, 23.9)	4.4 (0.7, 22.7)	4.5 (0.8, 22.8)	15.0 (5.7, 33.8)	0.9 (0.0, 34.0)	69.3 (49.8, 83.7)	29, 104
P-value							p=0.015
Social Grade							
A/B - Higher/intermediate managerial, administrative and professional	2.8 (1.2, 6.2)	3.3 (1.5, 6.9)	2.7 (1.1, 6.1)	8.0 (5.0, 12.7)	0.4 (0.1, 3.5)	82.8 (76.9, 87.4)	200, 251
C1/C2 - Supervisory, clerical and junior managerial, administrative and professional, skilled manual workers	4.4 (2.8, 6.8)	1.5 (0.7, 3.1)	3.0 (1.8, 5.1)	6.2 (4.3, 8.8)	0.6 (0.2, 1.9)	84.4 (80.7, 87.5)	441, 496
D/E - Semi-skilled and unskilled manual, casual, lowest grade and unemployed	2.5 (0.9, 6.3)	2.1 (0.8, 5.9)	8.8 (5.4, 14.2)	5.8 (3.1, 10.6)	1.6 (0.5, 5.1)	79.2 (72.4, 84.7)	169, 210
P-value							p=0.020
Education level							
Degree	3.4 (2.1, 5.6)	1.9 (1.0, 3.7)	3.5 (2.1, 5.7)	5.5 (3.7, 8.1)	1.0 (0.4, 2.5)	84.6 (81.0, 87.7)	444, 529
Below degree	3.8 (2.2, 6.4)	2.3 (1.2, 4.6)	5.2 (3.3, 8.1)	7.6 (5.2, 10.9)	0.2 (0.0, 2.0)	80.9 (76.4, 84.7)	349, 408

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BMJ Sex Reprod Health

Stopped or switched contraceptive methods (% (95% CI))

	Stopped using contraceptives	Switched more > less effective	Switched - less > less effective	Switched - more > more effective	Switched less > more effective	Did not switch or stop usual method	Denominators (weighted, unweighted)
No qualifications	2.6 (0.1, 39.0)			12.9 (3.2, 40.2)	5.0 (0.5, 35.0)	79.4 (52.4, 93.1)	17, 20
P-value							p=0.21
Living together - relationship but not living together - Single							
Married/steady and living together	3.8 (2.5, 5.8)	1.2 (0.5, 2.5)	3.7 (2.4, 5.6)	6.1 (4.3, 8.4)	0.8 (0.3, 2.0)	84.5 (81.2, 87.3)	547, 638
Married/steady NOT living together	4.0 (1.6, 9.6)	3.9 (1.5, 9.5)	3.9 (1.5, 9.5)	8.3 (4.4, 15.0)		80.0 (71.6, 86.4)	115, 142
Casual, new, >1, at end or other	0.7 (0.0, 14.5)	4.9 (1.5, 14.8)	10.2 (4.5, 21.4)	4.5 (1.3, 14.4)	1.4 (0.2, 11.8)	78.3 (65.6, 87.3)	58, 68
Single	3.7 (1.3, 10.3)	3.3 (1.1, 9.8)	3.4 (1.1, 10.0)	8.6 (4.3, 16.5)	0.9 (0.1, 7.6)	80.1 (70.6, 87.2)	91, 109
P-value							p=0.20
Been furloughed under the Coronavirus Job Retention Scheme							
No	3.1 (2.0, 4.7)	2.3 (1.4, 3.7)	4.2 (2.9, 6.1)	7.3 (5.5, 9.5)	0.5 (0.2, 1.5)	82.7 (79.6, 85.4)	656, 775
Yes	5.9 (3.1, 11.1)	1.1 (0.2, 4.9)	4.0 (1.8, 8.7)	3.6 (1.6, 8.2)	1.8 (0.6, 5.9)	83.5 (76.7, 88.7)	150, 177
P-value							p=0.072
Became unemployed							
No	3.4 (2.3, 4.9)	2.1 (1.3, 3.5)	4.0 (2.8, 5.7)	6.4 (4.8, 8.4)	0.7 (0.3, 1.7)	83.4 (80.5, 86.0)	726, 852

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BMJ Sex Reprod Health

Stopped or switched contraceptive methods (% (95% CI))

	Stopped using contraceptives	Switched more > less effective	Switched - less > less effective	Switched - more > more effective	Switched less > more effective	Did not switch or stop usual method	Denominators (weighted, unweighted)
Yes	5.9 (2.4, 13.8)	1.2 (0.2, 8.5)	5.7 (2.3, 13.6)	8.6 (4.1, 17.2)	1.1 (0.1, 8.6)	77.5 (67.0, 85.5)	80, 100
P-value							p=0.61
Number of days drinking in past week							
0 days	4.2 (2.5, 7.0)	2.4 (1.2, 4.8)	2.1 (1.0, 4.4)	6.6 (4.3, 9.9)	0.3 (0.0, 2.2)	84.5 (80.1, 88.0)	321, 375
1-2 days	3.4 (1.9, 5.9)	1.6 (0.7, 3.7)	3.8 (2.2, 6.4)	7.3 (4.9, 10.6)	0.8 (0.2, 2.6)	83.2 (78.8, 86.9)	334, 399
3-4 days	2.1 (0.5, 7.5)	2.5 (0.7, 8.0)	8.6 (4.5, 15.7)	5.5 (2.4, 11.8)	2.5 (0.7, 8.0)	78.9 (70.1, 85.7)	107, 121
5-7 days	4.6 (1.2, 16.5)	2.1 (0.3, 14.4)	11.4 (4.8, 24.5)	3.7 (0.8, 15.5)		78.2 (63.8, 88.0)	47, 60
P-value							p=0.038
Drinking habits compared to pre Covid-19 outbreak							
Less these days	2.9 (1.4, 6.0)	3.0 (1.5, 6.2)	3.8 (2.0, 7.1)	7.5 (4.7, 11.6)	1.4 (0.5, 4.0)	81.4 (75.9, 85.9)	239, 294
About the same	4.2 (2.6, 6.6)	1.5 (0.7, 3.2)	3.5 (2.1, 5.8)	5.8 (4.0, 8.5)	0.2 (0.0, 1.7)	84.8 (81.0, 87.9)	421, 488
More these days	3.1 (1.2, 7.7)	2.3 (0.8, 6.6)	6.6 (3.5, 12.0)	7.5 (4.1, 13.1)	1.2 (0.3, 5.2)	79.3 (71.9, 85.2)	144, 168
P-value							p=0.42
Current smoker							

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BMJ Sex Reprod Health

Stopped or switched contraceptive methods (% (95% CI))

	Stopped using contraceptives	Switched more > less effective	Switched - less > less effective	Switched - more > more effective	Switched less > more effective	Did not switch or stop usual method	Denominators (weighted, unweighted)
No	3.5 (2.3, 5.3)	1.8 (1.0, 3.2)	3.2 (2.1, 4.9)	6.4 (4.7, 8.6)	0.8 (0.3, 1.9)	84.2 (81.2, 86.9)	636, 752
Yes	3.8 (1.8, 8.0)	3.0 (1.3, 7.0)	7.6 (4.4, 12.6)	7.2 (4.2, 12.2)	0.5 (0.1, 4.1)	77.9 (71.0, 83.5)	173, 203
P-value						p=0.11	
Symptoms of depression (PHQ2 score)							
No symptoms of depression (0-2)	4.0 (2.6, 6.0)	1.5 (0.8, 3.0)	2.5 (1.5, 4.2)	4.9 (3.4, 7.1)	0.6 (0.2, 1.7)	86.5 (83.3, 89.1)	536, 628
Symptoms of depression (3-6)	2.8 (1.4, 5.7)	3.2 (1.6, 6.1)	6.9 (4.4, 10.7)	9.3 (6.4, 13.5)	0.8 (0.2, 3.0)	76.9 (71.4, 81.6)	266, 319
P-value						p=0.00086	
Symptoms of anxiety (GAD2 score)							
No symptoms of anxiety (0-2)	3.8 (2.4, 5.9)	1.8 (0.9, 3.4)	2.6 (1.5, 4.5)	6.6 (4.7, 9.1)	0.8 (0.3, 2.1)	84.4 (81.0, 87.3)	507, 584
Symptoms of anxiety (3-6)	3.3 (1.8, 6.1)	2.3 (1.1, 4.8)	6.0 (3.8, 9.3)	6.6 (4.3, 10.1)	0.7 (0.2, 2.7)	81.1 (76.2, 85.2)	298, 367
P-value						p=0.26	

246 respondents (17.4% of total) answered 'Not applicable' to questions of usual contraception used as they were already pregnant, planning to get pregnant of unable to get pregnant. 142 respondents (9.5%) answered 'no method used' in the year before lockdown. These responses are excluded from the table.